13th December 2012

Dear Parent/Caregiver/Student,

YEAR 10 SPORT 2013

It is the policy of the NSW Department of Education and Training and this school to provide a range of educational experiences for each student that includes school sport. Sport is a mandatory part of the curriculum for students in Years 7 - 11 in NSW Government Schools with a specified number of hours that must be completed.

In 2013, Year 10 will participate in a rotational sports program on a Tuesday afternoon during periods 4 and 5 in Terms 1, 2 and 3. Students will participate in a variety of sports including Gymnastics, Multisport, Basketball, Badminton and cricket. Sessions will be conducted by experienced professional coaches and instructors in specific sports. In Term 4 students will be able to select their sport. Students will make their sport selections online via Moodle, early in Term 3 2013.

**Term 1-3 Sport Details:**

- Gymnastics and Multisport will be held at Epping YMCA. Travel will be by bus. Students will be accompanied by a teacher.

- Other sports will use the facilities at school and also at nearby Cheltenham Oval. Students will walk to the oval accompanied by a teacher.

- Students who wish to be dismissed after sport from Epping YMCA must bring a note written and signed by their parent to the Sports Organiser before roll call. They will then be issued with a pass which will be valid for the whole term. This pass must be shown to their sport teacher each week. No students will be dismissed from Cheltenham Oval.

**Dates for Sport:**
Sport will begin on Tuesday 5th February, 2013 and be held every other Tuesday during school terms apart from dates where exams have been scheduled.

**Sport Fees/ Levy:**
Students will be required to pay a $110 sport levy as part of their school contribution which will cover the cost of coaches and instructors. This is not a voluntary levy. Students, who are experiencing genuine financial difficulty, must obtain a form from Head Teacher Welfare, Mrs Gillian Edwards, for access to Student Assistance Funds.
**Sport Uniform:**
Students are required to change into their school sport uniform for each session. Students are required to change back into their school uniform before returning home. A copy of the uniform policy is attached to this letter. School Sport Hats are a required item that is to be worn to all Sport and PDHPE practical lessons. See attached uniform information for summer and winter sport uniform.

**Attendance at Sport on Tuesday afternoons:**

- Dental and medical appointments for students should NOT be made for sport afternoons.

- Students who are unable to participate in sport because of injuries or medical conditions need to bring a note from home explaining their situation. Parents/caregivers will be required to provide a note explaining circumstances or medical conditions that prevent students’ participation in sport. This must be presented to either Ms Harriman or Miss Wade on a Tuesday morning before sport or in the days leading up to sport day. It will be signed, recorded and given back to students to present to their sport teacher in period 4.

- In general, students will not be granted early leave on sport afternoons.

- Attendance at sport will be closely monitored by the Head Teacher PDHPE, Ms Harriman. Students who cause concern in regard to attendance, participation and performance will be interviewed to discuss progress in sport. Letters of concern will be sent home to parents/guardians. In some cases, parents/guardians will be invited to the school to discuss their child’s progress in sport.

**Wet Weather on Sport Days:**
A decision regarding wet weather will not be made until recess on a Tuesday. Students must be prepared for sport each week, regardless of the weather.

**Parent/Guardian Consent and other required information:**
Please return the attached permission note and other required medical information with $110 to the cashier by Friday 1st February, 2013.

Yours sincerely,

Ms A Harriman
Head Teacher PDHPE

Mrs S Bridge
Principal
CHELTENHAM GIRLS’ HIGH SCHOOL

SPORT and PDHPE PRACTICAL LESSON UNIFORM POLICY

All students are expected to bring a change of clothing for practical lessons. This change of clothing will include:

SUMMER UNIFORM

- Light blue polo shirt or New Light blue and maroon polo shirt
- Maroon shorts
- Light blue socks
- Supportive running or cross trainer sports shoes
- Cap or hat (preferably the maroon school sport hat).

WINTER UNIFORM

- Light blue polo shirt or New Light blue and maroon polo shirt
- Maroon track pants / shorts
- Light blue socks
- Supportive running or cross trainer sports shoes
- School jumper
- Cap or hat (preferably the maroon school sport hat).

- If this clothing is not available and the circumstances are explained in a note from the parent or guardian, alternative clothing may be worn.
- All students should be encouraged to use deodorant each day for hygiene purposes.
- Each lesson the roll will be marked and records kept on uniform.
- Students are required to wear a hat as per the Sun Protection Policy.
- Sunscreen will be available outside the PE change rooms for students to apply after they are changed.
- If a student does not bring a change of clothing, she will still participate in the lesson whenever practical and safe. “NC” (not changed) will be noted next to her name in the roll. If the circumstances are extenuating e.g. recent enrolment, this rule may be relaxed at the discretion of the class teacher.
- A student who has been marked “NC” three times in one term will be issued with a lunchtime detention notice. A notice will be sent home informing the parents/guardians of the need to wear correct uniform and seeking their help in ensuring the problem is rectified. Any student who is again without correct uniform after a notice has been sent home will be referred to Ms Amy Harriman, Head Teacher PDHPE.

CHANGING PROCEDURE

- Students are to enter the change rooms upon arrival for practical lessons. Teachers will be present at the change rooms while students are changing.
- After changing, students move out of the change room area, place valuables in the lockers provided and move to their designated roll marking area. Students should remain seated in this area until their teacher marks the roll.
- Students are to give notes explaining illness, injury or uniform to the teacher when the roll is marked. This information will be recorded in the roll.
- At the end of the lesson students are to change back into the school uniform return to their class’ designated area until dismissed by their teacher.
1. Parent/ Guardian Consent
I give permission for my daughter to participate in the Year 10 Sport program during 2013. I have read the information above regarding sport organisation and procedures and am aware of the travelling arrangements associated with each sport. I am aware that my child will make a sport choice for term 4 online through Moodle.

2. Medical Information
My daughter has the following special medical needs (please provide full details and include any relevant medical details)
____________________________________________________________________________________________
__________________________________________________________________

I give / do not give permission for my child to receive medical treatment in case of emergency.

3. Payment Information
PLEASE INDICATE:  CASH □  CHEQUE □  CREDIT CARD □

STUDENT _________________________________  ROLL CLASS __________________________

Parent/Caregiver Signature: ___________________________  Date: ______________

Amount $110.00

TO BE COMPLETED IF PAYING BY CREDIT CARD: DO NOT DETACH THIS SECTION FROM PERMISSION NOTE.

STUDENT: _________________________________ ROLL CALL __________________________

Visa □  Mastercard □

Name appearing on the card: _________________________________

Expiry Date □□□□

Signature of Cardholder ___________________________  Date: ______________

Contact Phone Number ________________________________

Amount: $110