29th January, 2014

Year 9 PDHPE Learning Contract and Subject Information

Dear Parents/Caregivers,

During 2014 your daughter will be taking the Board of Studies developed course, Personal Development, Health and Physical Education. This course will be studied each year from Year 7 to Year 10, after which students who wish to develop their interests and talents in this area, may choose to study additional courses in Years 11 and/or 12.

The course addresses a wide range of personal and community health issues such as well-being, nutrition, safety, sex education, fitness, HIV/AIDS, drug use, stress management and child protection. Topics covered in PDHPE are essential for young people to study in order to support their physical, social and emotional development. All areas of study are taught in a manner which supports the role of parents.

Occasionally, students view G and PG rated DVDs, which are appropriate, educational and interesting and support the unit content. Departmental guidelines encourage parental permission for the viewing of G and PG rated DVDs at school. An excerpt from “Be My Brother” will be viewed in Year 9. Parents/Caregivers are advised that they have the right to choose the exclusion of their daughter from viewing such material. Please ensure you sign the appropriate section of this note and/or comment.

Laptops or other devices must be used in the manner outlined in the Laptop Agreement and used to complete school work when in the classroom. They are expected to be placed on their desk at the start of each lesson, as part of their routine.

On occasion health products, from reputable companies, which support the educational content of our course, may be given to our students. We do not promote the use of these products but they are given to students to complement specific units of work.

The Year 9 units of work to be completed over the course of this year can be found on the attached PDHPE Assessment Policy.

Year 9 also participate in an Integrated Sport Program. Integrated sport is non-representative. This program will be taught by the PDHPE faculty and other teachers from Cheltenham Girls High School along with professional coaches. A letter was sent out at the end of last year outlining the cost, venues and sports.

We use the facilities available within the school grounds, outside venues, as listed in the Year 9 Sports note and also at nearby Cheltenham Oval and/or Booth Park when further space is required. Students will walk to the ovals, catch a bus to other venues, and will be actively supervised by Cheltenham Girls High School teachers.

If you would like further information about PDHPE please do not hesitate to contact your daughter’s class teacher on the above number. A copy of the PDHPE Uniform Policy is on the back of this letter.

Please read and sign the bottom of the Assessment Policy as receipt of this letter and the students understanding of the school Assessment Policy.

Yours sincerely,

Amy Harriman
Head Teacher PDHPE

S Bridge
Principal
All students are expected to bring a change of clothing for practical lessons. This change of clothing will consist of:

### SUMMER UNIFORM
- Light blue polo shirt
- Maroon shorts
- Light blue socks
- Sports shoes
- Cap or hat

### WINTER UNIFORM
- Light blue polo shirt
- Maroon track pants / shorts
- Light blue socks
- Sports shoes
- School jumper
- Cap or hat

- If this clothing is not available and the circumstances are explained in a note from the parent or guardian, alternative clothing may be worn.
- All students are encouraged to wear deodorant.
- It is an expectation that students wear a hat and sunscreen for outdoor lessons.
- The roll will be marked and records kept on uniform each lesson.
- If a student does not bring a change of clothing, she will still participate in the lesson whenever practical and safe. “NC” (not changed) will be noted next to her name in the roll. If the circumstances are extenuating e.g. recent enrolment, this rule may be relaxed at the discretion of the class teacher.
- A student who has been marked “NC” three times in one term will be issued with a lunchtime detention notice. A notice will be sent home informing the parents/guardians of the need to wear correct uniform and seeking their help in ensuring the problem is rectified. Any student who is again without correct uniform after a notice has been sent home will be referred to Ms Harriman, Head Teacher PDHPE.

### CHANGING PROCEDURE
- Students are to enter the change rooms upon arrival for practical lessons. Teachers will be present at the change rooms while students are changing.
- After changing, students move out of the change room area, place valuables in the lockers provided and move to their designated roll marking area. Students should remain seated in this area until their teacher marks the roll.
- Students are to give notes explaining illness, injury or uniform to the teacher when the roll is marked. This information will be recorded in the roll.
- At the end of the lesson students are to change back into the school uniform and return to their class's designated area until dismissed by their teacher.
Cheltenham Girls’ High School
PDHPE Faculty Assessment Policy and
Learning Contract for Stage 5, Year 9 students

Goals
The study of PDHPE at Cheltenham Girls’ High School requires students to participate positively in class and to progress towards the achievement of the course outcomes.

You are expected to:
1. Complete assigned tasks and set work, including homework.
2. Attend all lessons and be punctual to class.
3. Bring all required equipment to each lesson.
4. Catch up on missed work if you have been absent from school or class.
5. Do your best and make a serious effort in all work.
6. Undertake all practical activities with a safe work approach.
7. Wear school PE uniform and correct footwear at all times when participating in practical lessons.
8. Ensure that all assessment tasks are submitted on time.
9. Work co-operatively with teachers and peers.
10. Comply with the School’s Code of Conduct.

Units of work studied – Year 9
Students will study the following units over the year. Classes will complete different units at different times due to sharing of facilities. Teachers of each class will explain what units they will be participating in to the respective classes.

<table>
<thead>
<tr>
<th>TYPE</th>
<th>UNIT</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Practical</td>
<td>Athletics</td>
<td>Students learn and refine skills though the various events in track and field.</td>
</tr>
<tr>
<td>Theory</td>
<td>Bouncing Back!</td>
<td>Students will learn about the link between a sense of self and health and well-being, supporting the self and others, affirming diversity and discrimination, harassment and vilification.</td>
</tr>
<tr>
<td>Theory</td>
<td>Above the Influence!</td>
<td>Students will learn how to assess the impact drugs have on the self and the community as well as ways to promote positive behaviour.</td>
</tr>
<tr>
<td>Theory</td>
<td>Drug Education and Harm Minimisation unit</td>
<td></td>
</tr>
<tr>
<td>Practical</td>
<td>Ballroom Blitz! Composition and Performance unit</td>
<td>Students will learn the skills of ballroom dance and how to use the elements of composition to choreograph a ballroom dance piece.</td>
</tr>
<tr>
<td>Theory</td>
<td>It’s My Choice! Sexual Health unit</td>
<td>Students will learn how to assess personal safety strategies in relation to sexual health as well as the need to analyse attitudes and behaviours that affect decision making.</td>
</tr>
<tr>
<td>Practical</td>
<td>Ladies of Leisure! Game Sense unit</td>
<td>Participation in range of activities including golf and archery.</td>
</tr>
<tr>
<td>TASK</td>
<td>Approx. Time Frame</td>
<td>Task</td>
</tr>
<tr>
<td>------</td>
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<td>-------------------------------------------------------</td>
</tr>
<tr>
<td>1</td>
<td>Week 2-7, Term 1</td>
<td>Athletics: Ongoing Skills Assessment, Self Assessment</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Week 1-2, Term 2</td>
<td>Bouncing Back: Group Oral and ICT Presentation</td>
</tr>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Semester 1</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Week 8-9, Term 2</td>
<td>Ballroom Blitz: Individual Technical Skills Assessment, Artistic Partner Composition Task</td>
</tr>
<tr>
<td>4</td>
<td>Week 6, Term 3</td>
<td>Above the Influence: Writing Task- Newspaper Article</td>
</tr>
<tr>
<td>5</td>
<td>Week 10, Term 3</td>
<td>It’s My Choice: Topic Test</td>
</tr>
</tbody>
</table>

**Yearly Total**  

100%

**NOTE:**

Results for Semester 1 report will be calculated using Tasks completed in Semester 1 (Task 1-2).

Results for the Yearly report will be calculated using all tasks completed. That is Semester 1 tasks to total 60% and Semester 2 tasks to total 60% = 100%. (Task 1-6)
Issues relating to the non-completion / late submission of assessment tasks

NOTE

1. Computer or printer failure or malfunction cannot be taken as an acceptable reason for failure to submit an assessment task on time. It is the student’s responsibility to save her work frequently and back it up to both hard drive and disk regularly. If failure occurs, the student must submit their last printed hard copy as evidence of work completed. If the assignment is to be submitted on disk, the last saved copy is to be submitted. If students have a portable storage device they can bring it to school and print in the library on the due date.

2. If a student is absent on the day of a task, or the day the task is due to be handed in, the student must supply a parent explanation note or a doctor’s certificate to their class teacher AND roll teacher.

3. The student MUST hand in every task even if it is late.

4. Late tasks will be penalised 10%, of the total mark, per day late.

5. The student must keep a backup copy of any hand-in task until it has been returned to her after marking.

Missed Assessment Task Policy

If you have/will miss a scheduled assessment task you should

• Give prior notice to your class teacher of the absence (whenever possible) and arrange an alternative time to complete the task

• Complete the task immediately upon your return to class, with an explanatory note from your parent or caregiver to the class teacher.

Student Declaration and Parent Agreement Year 9 PDHPE

I have read, understood and agree to the responsibilities that are placed on me (the student) as outlined in this learning contract.

Student full name ________________________________

Class ____________

Teacher name ________________________________

Student signature ________________________________

Date ____________

I understand the information in this letter and give permission for my daughter to participate in the above units of work and the DVD material that will be shown in relation to the unit of work.

Parent signature ________________________________

Date ____________

Comment if required ____________________________________________________________