29th January, 2014

Dear Parents/Caregivers,

Year 10 PASS Learning Contract and Subject Information

During 2014 your daughter will be taking the Board of Studies developed course Physical Activity and Sports Studies (PASS). Students, who wish to develop their interests and talents in this area, may choose to study additional courses in Years 11 and/or 12.

The Year 10 PASS course addresses a wide range of topics including the energy systems, the body systems, hydration, nutrition and coaching.

Laptops or other devices must be used in the manner outlined in the Laptop Agreement and used to complete school work when in the classroom. It is an expectation that students bring their laptops/devices to every PASS lesson, to support their learning in this subject.

Occasionally, health products, from reputable companies, which support the educational content of our course, may be given to our students. We do not promote the use of these products but they are given to students to complement specific units of work.

The Year 10 units of work to be completed over the course of this year can be found on the attached PDHPE Assessment Policy.

The School Assessment Policy will be distributed by the Head Teacher Administration.

We generally use the facilities available within the school grounds, however some practical classes will be held at nearby Cheltenham Oval when further space is required. Students will walk to these venues and will be actively supervised by the PASS teacher.

If you would like further information about PASS please do not hesitate to contact your daughter's class teacher on the above number.

A copy of the PDHPE Uniform Policy is on the back of this letter.

Please read and sign the bottom of the Assessment Policy as receipt of this letter and your daughter’s understanding of the School Assessment Policy.

Yours sincerely,

A Harriman
Head Teacher PDHPE

S Bridge
Principal
All students are expected to bring a change of clothing for practical lessons. This change of clothing will include:

**SUMMER UNIFORM**
- Light blue polo shirt
- Maroon shorts
- Light blue socks
- Supportive sports shoes (plain in colour)
- Cap or hat (compulsory)
- Hair must be tied back for all lessons

**WINTER UNIFORM**
- Light blue polo shirt
- Maroon track pants / shorts
- Light blue socks (no stockings are to be worn under shorts)
- Supportive sports shoes (plain in colour)
- School jumper
- Cap or hat (compulsory)
- Hair must be tied back for all lessons

- If this clothing is not available and the circumstances are explained in a note from the parent or guardian, alternative clothing may be worn.
- All students are encouraged to use deodorant.
- Students must wear a cap (preferably school hat) and sunscreen during outdoor lessons.
- The roll will be marked and records kept on uniform each lesson.
- If a student does not bring a change of clothing, she will still participate in the lesson whenever practical and safe. “NC” (not changed) will be noted next to her name in the roll. If the circumstances are extenuating e.g. recent enrolment, this rule may be relaxed at the discretion of the class teacher.
- A student who has been marked “NC” three times in one term will be issued with a lunchtime detention notice. A notice will be sent home informing the parents/guardians of the need to wear correct uniform and seeking their help in ensuring the problem is rectified. Any student who is again without correct uniform after a notice has been sent home will be referred to Ms Harriman, Head Teacher PDHPE.

**CHANGING PROCEDURE**
- Students are to enter the change rooms upon arrival for practical lessons. Teachers will be present at the change rooms while students are changing.
- After changing, students move out of the change room area, place valuables in the lockers provided and move to their designated roll marking area. Students should remain seated in this area until their teacher marks the roll.
- Students are to give notes explaining illness, injury or uniform to the teacher when the roll is marked. This information will be recorded in the roll.
- At the end of the lesson students are to change back into the school uniform and return to their class’s designated area until dismissed by their teacher.
Cheltenham Girls’ High School
PDHPE Faculty Assessment Policy and
Learning Contract for Stage 5, Year 10 students

Goals
The study of PASS at Cheltenham Girls High School requires students to participate positively in class and to progress towards the achievement of the course outcomes.

You are expected to:

1. Complete assigned tasks and set work, including homework.
2. Attend all lessons and be punctual to class.
3. Bring all required equipment to each lesson.
4. Catch up on missed work if you have been absent from school or class.
5. Do your best and make a serious effort in all work.
6. Undertake all practical activities with a safe work approach.
7. Wear school PE uniform and correct footwear at all times when participating in practical lessons.
8. Ensure that all assessment tasks are submitted on time.
9. Work co-operatively with teachers and peers.
10. Comply with the School's Code of Conduct.

Sequence of topics studied – Year 10 PASS

Students will study the following units during the year.

<table>
<thead>
<tr>
<th>TERM</th>
<th>WEEKS</th>
<th>SYLLABUS AREA / EXAMS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Term 1</td>
<td>Weeks 1 - 11</td>
<td>Coaching</td>
</tr>
<tr>
<td>Term 2</td>
<td>Weeks 1 - 9</td>
<td>Technology In Sport</td>
</tr>
<tr>
<td>Term 3</td>
<td>Weeks 1 - 10</td>
<td>Body Systems and Energy for Physical Activity</td>
</tr>
<tr>
<td>Term 4</td>
<td>Weeks 1 - 11</td>
<td>Australian Sporting Identity</td>
</tr>
<tr>
<td>TERM</td>
<td>DATE/S</td>
<td>ASSESSMENT TASK/S</td>
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</tr>
<tr>
<td>Term 1</td>
<td>Week 8-10</td>
<td>1. Coaching- Practical Session Assessment 20%</td>
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<td></td>
<td></td>
<td>2. Coaching- Research Task 20%</td>
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<tr>
<td>Term 2</td>
<td>Week 7-9</td>
<td>3. Technology in Sport- Oral Presentation 20%</td>
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<tr>
<td>Term 3</td>
<td>Week 8</td>
<td>4. Body Systems In-class Test 20%</td>
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<tr>
<td></td>
<td>Week 10</td>
<td>5. Hydration Research Task 20%</td>
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</tbody>
</table>

**NOTE:** First place in PASS will be obtained from the total mark for the Year

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**Student Declaration and Parent Agreement Year 10 PASS**

I have read, understood and agree to the responsibilities that are placed on me (the student) as outlined in this learning contract.

Student full name ___________________________ Class___________

Teacher name__________________________

Student signature ___________________________ date _____________

I understand the information in this letter and give permission for my daughter to participate in the above units of work and the DVD material that will be shown in relation to the unit of work.

Parent signature ___________________________ date______________

Comment if required ____________________________________________

___________________________________________________________________

___________________________________________________________________

--- Detach here ---