Regional Athletics Carnival

On 23 & 24th July Students from CGHS competed at the Regional Athletics Carnival. The weather made competing difficult and unpleasant with lots of rain, especially on Day 1.

The events where we received places were;

12 years 100m- 2nd place- Kelsey Cooper-Phillis
12 years 100m- 3rd place- Amy Court
12 years 200m- 2nd place- Kelsey Cooper-Phillis
12 years 200m- 3rd place- Amy Court
12 years 800m- 3rd place- Charlotte McLean
12 years long jump-2nd place- Amy Court
12 years relay- 1st place- Amy Court, Kelsey Cooper-Phillis, Sarah Mirzaei, Angela Cheng
13 years relay-3rd place- Maya Leverett, Georgina Davey, Antonia Zhang, Dimitra Karydis
14 years and under 400m- 2nd place- Kelsey Cooper-Phillis
16 years long jump- 3rd place- Kathryn Ramsay
16 years triple jump- 1st place- Kathryn Ramsay
17 years 400m- 2nd place- Rachel Horwood
17 years+ 800m- 3rd place- Rachel Horwood
17 years+ 200m- 3rd place- Rachel Horwood
17 years+ relay- 1st place- Isabella Hemming, Rachel Horwood, K. Leverett, Hayley Daniel

Congratulations to all students who competed.

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**Upcoming Events**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>23/7—3/8/12</td>
<td>Year 12 Trial Exams start 23rd July to 3rd August</td>
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<tr>
<td>9 &amp; 10/8/12</td>
<td>HSC Dance Examination - school hall</td>
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<td>30/7/12</td>
<td>Year 8 Visual Arts Excursion</td>
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<td>3/8/12</td>
<td>Year 8 Sports Day</td>
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<td>8/8/12</td>
<td>Year 12 Music &amp; Drama Showcase</td>
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Staff Development Day—Term 3

The main focuses of staff development day this term were;

- Project based learning
- ipads within the classroom
- Moodle

In term 2, 20 students in Year 9 Participated in what has been called Project X. These students volunteered to be taken out of their X-elective for Term 2 to undertake a project based learning activity. Mrs Lawrence’s group investigated the impact of technology on teenagers whilst Mrs Latty group investigated Designer Babies. All students spoke highly of this experience and the skills such as teamwork, research, presentation and investigation they would be able to take back to their regular classrooms. Staff heard feedback on this project and how it can be offered next year.

Mr Wilson led a session on “who owns the learning” and showed clips from leading educationalists such as Alan November.

All faculty’s at CGHS now have at least one ipad to be used within the classroom. Mr Mar & Mrs Taylor led sessions on how they have been using an ipad with some of their classes and also some useful apps.

Ms Parkinson and Mr Wilson led beginning and more advanced sessions on Moodle which the school uses to communicate with students.

YEAR 9 - IT’S TIME FOR A NEW GROUP!
Sporting Achievements—Softball

Nicola Maitland of Yr 12 played at the International Youth Cup at Blacktown International Sports park in the school holidays with the Australian Under 19s softball squad (green team). Australia U19 Women’s Green dropped only one game from their opening five games. In the elimination round they defeated NSW Country 16-0, Australian U17s 2-0 and also Australia Gold 5-1 to qualify for the final.

In the final, Nicola scored a home run in the opening innings. She also played a vital role in the field on third base. The mercy rule was imposed at the end of the fourth innings as the Under 19s lead 7-0.

A number of people watching commented on her outstanding performance in this match both with the bat and in the field.

Nicola continues to excel at softball. Not only is she a very talented athlete, she always demonstrates an outstanding level of sportsmanship and is well respected by her team mates. She is very humble about her talent and her achievements.

Lucy Read (Year 11) and Emily Read (Year 9) also competed at the International Youth Cup as part of the NSW Metro side.
Not afraid of a little auto grease

Kye Mackey

WHEN year 11 student Tessa Rose first wore her mechanic’s uniform, her girl friends thought it was a bit of a joke.

“They thought it was hilarious and stared taking all these photos,” she said.

But the Epping girl is not afraid of getting her hands dirty and is learning auto mechanics at TAFE.

“I often get asked why I chose it and I still don’t know the answer,” she said.

“But I’ve always been interested in how things work.

“We have a property and working on cars and motorbikes out there has always been fun.”

As part of her HSC course, Tessa spent last week working at the Epping garage of Tuffy Mufflers.

David Haggar has only had two females work there in 15 years but hopes there will be more in the future.

“Girls of Tessa’s age are a little bit smarter than most guys their age,” he said.

“They are more level-headed and able to listen and absorb what they are being told.

“The more young women who can get into the industry the better.”
**WEP Student Exchange – Memories and Skills for a Lifetime!**

Give your child the opportunity to gain international experiences and language skills to kick-start a future career. Along with distinct language benefits, exchange students mature, gain confidence and develop a more worldly approach upon their return to Australia.

**Experience the wonderful world of WEP!**

Choose from over 100 programs to over 20 countries around the world to live and study for a summer, semester or year. Applications are closing at the end of August for programs departing in Jan-Feb 2013. WEP is also offering Early Bird Specials for programs departing in July-Sept 2013!

**Find out more!**

Visit [www.wep.org.au](http://www.wep.org.au) and request a free information pack

Attend one of WEP’s information evenings

Call 1300 884 733 (for the cost of a local call)

**Upcoming Information Evenings**

**Sydney:** 25 July, 8 August, 25 October

Level 2 / 95-99 York Street / Sydney CBD

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**Wanted**

Women Just Like You!

Want to join a group of like minded women and get involved in the community?

**Volunteer with North Epping Girl Guides and help girls grow into confident young women!**

**Guide Leaders:**

Are women just like you
Want to make new friends
Enjoy outdoor adventures
Want to make a difference in the community
Gain externally recognised leadership & workplace skills

Contact Jeannette 0450 733 168 or Mish 0403 320 550 if you are interested.
**SCHOOL UNIFORM**

**Winter Uniform**

Tunic - Maroon A line serge tunic – Junior and Senior

Shirt - Junior (Years 7 to 10) – Light blue striped long sleeve shirt

Senior (Years 11 to 12) – Light blue long sleeve shirt

Clothing worn under the shirt in winter must not be visible.

Tie - Maroon with light blue stripes

Jumper/Blazer - As for summer – Is available to all students in all year groups

Socks - Light blue short socks

Stockings Grey (official school colour) or black

Grey must be worn for all formal functions

Shoes - Fully enclosed, low heeled black leather lace up shoes

Ribbons - Maroon, blue or pink

Coat - Navy woollen coat - Discontinued in 2012 at Lowes. Currently sourcing another supplier.

Please note that Sloppy Joes and Hoodies are NOT to be worn as a school jumper or underneath the school jumper. If students feel the cold they can wear thermals under their blouse or the school overcoat when it becomes available.

Students and parents should be aware that the Department of Education requires that all students attending practical class including Science, Technology and Visual Arts wear low heeled, supportive enclosed leather shoes to protect the feet. Students can be withdrawn from practical classes and given alternative work if their footwear does not meet the DET OHS requirements.

**EARLY LEAVE ROSTER**

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<tr>
<th>Year</th>
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<td>Friday</td>
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<td>Monday</td>
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Cheltenham Girls' High School
Parents and Citizens Association

TRIVIA NIGHT - SATURDAY 25TH AUGUST 2012

The CGHS P&C Association is hosting a Trivia Night on Saturday 25th August 2012 to raise funds for our school. All monies raised from this event are used to improve the facilities and learning environment at Cheltenham. This year we would like to put the funds towards improving the School Hall performance equipment, including lighting and sound.

Making a donation to this great cause is easy! If you have a business that can donate goods or services, or if you have vouchers, tickets, or professional time you can donate, all will be gratefully accepted. Any business who donates either goods or services will be promoted on the night. What an excellent and selfless way to have the local Cheltenham Community become aware of the services your business has to offer.

So, if you have a donation you would like to offer to your daughter’s school, please fill out the details below so that we can include your business name and contact details to all who attend the Trivia Night.

Thank you for your generosity

Stephanie Davison
P&C President, Cheltenham Girls High School

Name:----------------------------------------------------------------------------------
Contact Number:-----------------------------------------------------------------------
Business Name:------------------------------------------------------------------------
Contact Number for Business:-----------------------------------------------------------
Goods or Services you wish to donate:--------------------------------------------------
Approximate Value of your Donation:-----------------------------------------------------

Please drop your donation information or goods into the school office before August 15th, 2012, so that we can ensure all your details are recorded on our promotional material.

Please contact Danielle Gorton by email at mymouse@optusnet.com.au if you have any queries.
**VOLUNTEERS WANTED**

Host an International Exchange Student

- Gain a new family member
- Make a life long link to a family in another country
- Learn about another language and culture
- Share the beauty and culture of Australia
- Contribute to international goodwill

By offering to act as a host family in a volunteer capacity, you will provide an international student with the opportunity to study and experience life here in Australia.

With new students arriving in January 2013 from over 20 countries, why not give the students in your local area the opportunity to learn about other cultures and make international friends!

If your family can offer a friendly, supportive and caring home environment, contact us today. Note: opportunities exist for families to host on a long term basis (5 or 10 months) basis as well on a temporary and short term basis (2 or 3 months).

To hear more about this wonderful opportunity or our student exchange programs out of Australia, call 1300 135 331 or visit our website: [www.studentexchange.org.au](http://www.studentexchange.org.au)
26 July 2012

Dear Sir / Madam,

**Hills M2 Upgrade Norfolk Tunnel westbound widening and changed traffic conditions**

Work to set up new traffic conditions for the widening of the westbound tunnel will be undertaken between:

- 8pm Friday 3 and 9am Saturday 4 August; and,

- 7pm Saturday 4 and 5am Monday 6 August 2012.

During this work, motorway traffic will be diverted onto the citybound carriageway between Beecroft Road and the main toll plaza. At least one lane will remain open in each direction. The following ramps will be closed during this work:

- Lane Cove Road westbound on-ramps between 1am and 6pm on Sunday 5 August.
- Beecroft Road westbound off-ramp between 7pm Saturday 4 and 9am Sunday 5 August.

Speed limits will be reduced to 40km/h in the contra-flow area. Please drive carefully and follow the signs.

**New long term conditions in the tunnel**

From **Monday 6 August** new traffic conditions will be in place during the widening of the westbound tunnel.

Two lanes will be available in each direction in the citybound tunnel. A third westbound lane will be made available in the westbound tunnel during the weekday afternoon peak, between 2pm and 8pm. These new traffic conditions will be in place for the duration of the westbound tunnel widening work, approximately 8 months.

For further information please contact the Hills M2 Upgrade project team on 1800 196 266 (select option 2) or visit the project website at [www.hillsm2upgrade.com.au](http://www.hillsm2upgrade.com.au).

We apologise for any inconvenience and thank you for your patience.

Kind regards,

Sanjin Muhic
Hills M2 Upgrade Community Relations Manager
Weekend work to set up new traffic conditions in Norfolk Tunnel Friday 3 to Monday 6 August

Legend

- At least one lane in each direction and 40km/h road work speed limit from 6pm Friday 3 to 9am Saturday 4 August and 7pm Saturday 4 to 5am Monday 6 August
- Westbound on-ramps closed between 11am to 6pm on Sunday 5 August 2012
- Westbound off-ramp closed between 7pm Saturday 4 August and 9am Sunday 5 August 2012

Delays are expected during this work. Please drive with care and follow the signs.